



# INSPIRING PURPOSE



## Global Citizens in the Making



LEGACY 2014  
XX COMMONWEALTH GAMES  
SCOTLAND

PUPIL NAME

*Inspiring Purpose is a project of Character Education Scotland Ltd registered charity in Scotland No. SC040962*

# Instructions

**Sense of Purpose** - *The motivation that drives you towards a satisfying future.*

'Inspiring Purpose' is a personal development programme that aims to help you discover who you are and who you could become. You will learn about character, virtues and strengths and use these to define your purpose, your goals and your vision for a better world. We challenge you to take action on your vision as a global citizen in the making!

A word version of this poster and an on-line pupil guide are available at: [www.inspiringpurpose.org.uk/pupils](http://www.inspiringpurpose.org.uk/pupils). You can also connect with us on our Facebook, Twitter and Pinterest accounts.

## 1. Self-reflection: Your Character

Explore the meaning of the words here [www.inspiringpurpose.org.uk/pupils](http://www.inspiringpurpose.org.uk/pupils) or ask your teacher for the 'Values and Qualities' worksheet.

1. Look at the qualities in each box, rank these in the order that best describe you, with No. 1 being your strongest quality.
2. Select the quality you ranked No. 1 and write a short statement that explains the quality that best describes you. Provide an example of how you display it in everyday life.
3. Select the quality you most need to work on and write a short statement that explains the quality. Provide an example of what you can do to work on improving that quality in everyday life.

## 2. My Favourite Story or Fictional Character

For ideas check out the pupil's guide at [www.inspiringpurpose.org.uk/pupils](http://www.inspiringpurpose.org.uk/pupils)

One of the most effective ways to learn and remember is through storytelling. Stories and fictional characters can teach us important lessons. What is your favourite story or fictional character? Why is that story or character your favourite and what lessons did they teach you about life and the world?



## 3. Who Inspires You and Why?

Check out [www.inspiringpurpose.org.uk/pupils](http://www.inspiringpurpose.org.uk/pupils) to help you choose and research your inspirational figure and quote!

**TIP:** The best posters demonstrate a strong connection between YOUR character attributes, other poster elements and future ambitions – so when talking about your inspirational person and quote, look back at your previous work!

Is there a person that you look up to and admire? Your inspirational person can be anyone, but we ask that you do not choose a family member. For example: an athlete that shows courage and determination, a political figure or speaker that shows integrity and a vision for a **better world**, a musician who has shown courage or creativity, a scientist who made a breakthrough discovery or a Nobel Prize winner who has changed the world. Use the following questions to guide your writing: Who is your inspirational figure? Why do you find them inspiring? Do they have ideals, values or characteristics that you would like to live up to? Can you tell us why you think they have achieved success?

**QUOTE:** We can learn a lot from the wisdom and experience expressed in a short quotation, please include one or two quotes and explain your choices. Quotes can be from your inspirational figure or from some other source but REMEMBER - the best posters demonstrate a strong connection between your character attributes, other poster elements and future ambitions so try to select QUOTE(s) that connect with the rest of your poster!

## 4. Your Inspirational Moment

Check out [www.inspiringpurpose.org.uk/pupils](http://www.inspiringpurpose.org.uk/pupils) for some examples!

Describe a personal experience or achievement that inspires you or makes you feel proud. Have you achieved something in school, in sport or a hobby? Have you done something for a friend or family member? Have you had an inspiring experience, perhaps meeting someone, being on holiday or on a visit somewhere special?



## 5. Me, My Future and My Commitment towards a Better World

If you are finding this difficult ask your teacher for the 'Me, My Future and My Commitment to a Better World' worksheet.

**TIP:** The best posters demonstrate a strong connection between YOUR character attributes, other poster elements and future ambitions - use this self-reflection to help you work out what kind of person you want to become.

Think about your vision for a better world; what kind of world would you like to see in the future and what could you do now to take action on this vision and become a more active citizen?

You can find examples at [www.inspiringpurpose.org.uk/pupils](http://www.inspiringpurpose.org.uk/pupils)

## Congratulations on completing the Inspiring Purpose programme!

This is just the beginning; we want to help you take action on your vision, go to [www.inspiringpurpose.org.uk/whatnext](http://www.inspiringpurpose.org.uk/whatnext) or contact us at admin@inspiringpurpose.org.uk or Tel: 01334844900 and we will do our best to connect you to the right people.



/CharacterScot



@CharacterScot



/CharacterScot



[inspiringpurpose.org.uk/youtube](http://inspiringpurpose.org.uk/youtube)

Name: \_\_\_\_\_

- Female  
 Male  
 Other

To review the poster anonymously, fold here

### Your Details

Year Group: \_\_\_\_\_ Teacher: \_\_\_\_\_

School: \_\_\_\_\_

Before proceeding you **MUST** read the instructions on the back page

Please tick to confirm

#### 1. Self-reflection: Your Character

NOTE: Please read the instructions on the back page!

*Intellectual Character > Successful Learners*

<b>Open-minded</b>	<b>Creative</b>
	<b>Determined</b>
<b>Curious</b>	<b>Self-Disciplined</b>
<b>Humble</b>	<b>Love of Learning</b>

**I am good at being...**

**I need to work on being...**

*Performance Character > Confident Individuals*

<b>Responsible</b>	
<b>Reliable</b>	<b>Hard-working</b>
	<b>Successful</b>
	<b>Persistent</b>
<b>Confident</b>	<b>Cheerful/Joyful</b>

*Moral Character > Responsible Citizens*

<b>Caring</b>	<b>Kind</b>
	<b>Empathetic</b>
<b>Loving</b>	<b>Sympathetic</b>
<b>Honest</b>	<b>Selfless</b>

*Civic Character > Effective Contributors*

<b>Helpful</b>	<b>Thoughtful</b>
<b>Involved</b>	
	<b>Generous</b>
<b>Charitable</b>	
<b>Committed</b>	<b>Purposeful</b>

2. Now that you have reflected on your character attributes, think about your **Favourite Story or Fictional Character**; what are the character attributes that you admire in them and what did they teach you?

### 3. Who Inspires You and Why?

NOTE: Before you proceed, please read the instructions on the back page!

Quote...

4. Your Inspiration: **Describe an inspirational moment, an achievement or something in your life you are most proud of:**

## 5. Me, My Future and My Commitment to a Better World

NOTE: To help you answer these questions; look back at your character attributes, favourite story and inspirational figure.

A. What kind of person do you want to be?

B. What do you want to achieve in your life?

C. What is your vision for a better world?



D. Based upon your vision for a better world, what can you do this week, month or within the next few months to take action on this vision?

#iwill...

## Learner Evaluation

A. What did you learn or achieve by taking part in this project? Please explain and provide a specific example:

B. Please tell us how you think we could improve the project for next year:

## Peer Evaluation

Ask a friend to review your poster and write down what they think about your personal qualities and goals:

**(OPTIONAL)** Ask a parent to read your poster and add their comments here:

Did you help your child complete this work? Yes  No

## Teacher's Section

### Teacher Comments:

The aim of the programme is to inspire purpose in young people – what ‘change’ have you experienced in this young person?

### Learning Outcome Checklist (SQA PDA Self-Awareness Unit H18X44)

Please indicate the extent to which you agree or disagree with each statement by writing in the appropriate number:

1 = strongly disagree, 2 = disagree, 3 = agree, 4 = strongly agree

- They worked pro-actively and enthusiastically to complete all poster elements
- After reading, I have learned something special and compelling about the pupil
- There is clear identification of their values, qualities and feelings
- They have identified the qualities they admire in others
- There is a connection between: their values, other poster elements and future ambitions
- They have identified what they have learned about themselves
- Another person commented upon their values and goals
- I believe this process has increased their self-awareness and encouraged them to set a goal for the future