

21<sup>st</sup> June 2013

## **Inspired pupil from Kelvinside Academy wins a 1st Level Award at London 2012 education awards.**

**Some of the country's brightest young people visited Glasgow City Chambers to receive medals for their work on the Inspire-Aspire programme from Olympic Gold Medallist rower, Katherine Grainger CBE, IOC member Sir Craig Reedie CBE and the Lord Provost of Glasgow Cllr Sadie Docherty.**

The Inspire-Aspire Awards programme reached 25,000 young people this year by using the Olympic and Paralympic Games and the character qualities of Olympians to inspire young people to set personal goals and to develop future aspirations.

Winning a Primary 4, 1<sup>st</sup> Level award at the event was Martha Armstrong from Kelvinside Academy, who chose Libby Clegg as her inspirational figure as part of her work on the programme.

Expressing her reasons for her chosen inspirational figure, Martha said:

*"Libby has inspired many children as she is registered as blind and still was able to run in the Paralympics".*

Before presenting the awards, Olympian Grainger told an enthralled audience that it takes commitment and courage to reach the top. She spoke about how it was sheer determination that had helped her finish the race at the London Olympics in 2012. Grainger expressed how important using the Olympic and Paralympic values in everyday life can be, not just in sport.

Inspire-Aspire aims to help young people gain a better understanding of their own character qualities and values and inspire them to create a personal development plan. Martha explained how much of an impact participating in Inspire-Aspire has had on her:

*"I have learnt the values of the Paralympics and how Libby has shown them."*

### **Notes to Editors**

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