

Young People Display Olympic Spirit: The 2013 Inspire>Aspire Awards

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Some of the country's brightest young people visited Stour Space in London to receive medals for their award worthy posters from the Inspire-Aspire programme from Olympic Bronze Medallist gymnast, Beth Tweedle and Ex Shadow Minister for the London 2012 Olympics, Dame Tessa Jowell.

The Inspire-Aspire Awards programme reached 25,000 young people this year by using the Olympic and Paralympic Games and the character qualities of Olympians to inspire young people to set personal goals and to develop future aspirations.

Winning a Gold, 4th Level award at the event was Delphine Stringer who chose Stephanie Reid as her inspirational figure as part of her work on the programme. Winning a Silver level was Nicola Magierek with Katie Robinson receiving Bronze, all from Roundwood Park School.

Expressing her reasons for her chosen inspirational figure, Delphine said:

"I find Stephanie extremely inspirational as she wasn't going to let anything get in her way!"

Before presenting the awards, Olympian Beth Tweedle told an enthralled audience that it takes commitment and courage to reach the top. She spoke about how it was sheer determination that had helped her gain her medal at the London Olympics in 2012. Tweedle expressed how important using the Olympic and Paralympic values in everyday life can be, not just in sport.

Inspire-Aspire aims to help young people gain a better understanding of their own character qualities and values and inspire them to create a personal development plan. Delphine explained how much of an impact participating in Inspire-Aspire has had on her:

"I have understood how to develop certain qualities in the future to make sure that I am the best I can be."

Notes to Editors

Please contact Stephanie Powell, Trainee Communications Executive on 01334 844900, 0790 881 5259 or stephanie@inspire-aspire.org.uk for more information. A local School contact and professional photographs are available.