



# INSPIRING PURPOSE

Global Citizens in the Making

## Values and Qualities Worksheet: Your Character | Attributes

### Domain 1 - Intellectual Character > Successful Learners

By understanding and developing our Intellectual Character we can become Successful Learners. These are the qualities that help us be more creative and open-minded as well as working hard in a self-disciplined way. This help us become a better learner.

On a scale from 1 to 7, rank each character attribute for Intellectual Character > Successful Learners, with 1 being the thing that you believe you do best and 7 being the thing that you believe you most need to work on. Please make sure to give each character attribute a different number.

- **Open-minded** I listen carefully to new ideas even if I disagree with them
- **Creative** I have lots of new or unusual ideas that make a positive contribution to my life or the lives of others
- **Determined** I continue trying to do or achieve something that is difficult
- **Curious** I like to find out about new things
- **Self-Disciplined** I do important things even if I don't feel like it
- **Love of Learning** I feel excited about learning new things
- **Humble** I do not think that I am better than other people, I recognize my limitations and keep my accomplishments in perspective

E.G. "I sometimes need to be more open-minded. Usually I think there's only one way to do things and I need to remember people have different ways of doing things and that's OK."

### Domain 2 - Performance Character > Confident Individuals

By understanding and developing our Performance Character we can become Confident Individuals. These are the qualities that help us believe in ourselves so that we can realize our full potential in school, activities out of school and our relationships with other people. This helps us stand up for important principles and persist in the face of challenges.

On a scale from 1 to 7, rank each character attribute for Performance Character > Confident Individuals, with 1 being the thing that you believe you do best and 7 being the thing that you believe you most need to work on. Please make sure to give each character attribute a different number.

- **Responsible** I can be relied on and take initiative
- **Reliable** My friends and family can count on me
- **Successful** I achieve my goals
- **Hard-working** I always try my best
- **Confident** I believe that I can do things well and succeed
- **Persistent** I keep going, I don't give up even when I am challenged
- **Cheerful/Joyful** I am happy and hopeful about the future

E.G. "Persistent – I think I am good at trying again if I fail. When I fail to get into something if it is important to me I have to try again."



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## Domain 3 - Moral Character > Responsible Citizens

By understanding and developing our Moral Character we can become Responsible Citizens. These are the qualities that help us learn how to do and say the right thing in different situations. This helps us to be a trustworthy, loyal and caring friend and family member.

On a scale from 1 to 7, rank each character attribute for Moral Character > Responsible Citizens, with 1 being the thing that you believe you do best and 7 being the thing that you believe you most need to work on. Please make sure to give each character attribute a different number.

- **Caring** I look out for others and am concerned about their well-being
- **Kind** I like to do nice things to make people happy
- **Empathetic** I am able to imagine how someone else feels
- **Sympathetic** I show that I understand and care when other people are suffering
- **Loving** I show a lot of affection and love towards people I care about
- **Honest** I am a truthful person and I try to do the right thing
- **Selfless** I show more care for other people than myself

E.G. "I am good at being caring because whenever people are feeling sad and hurt, I will try my best to comfort them and make the feel better about themselves. I always take care of others and myself."  
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## Domain 4 - Civic Character > Effective Contributors

By understanding and developing our Civic Character we can become Effective Contributors. These are the qualities that can help us become active and positively engaged citizens. This helps us be co-operative team players who are committed to making a difference in our communities and the world.

On a scale from 1 to 7, rank each character attribute for Civic Character > Effective Contributors, with 1 being the thing that you believe you do best and 7 being the thing that you believe you most need to work on. Please make sure to give each character attribute a different number.

- **Helpful** I am willing to help other people
- **Thoughtful** I think about others' needs and consider what I could do to help
- **Involved** I am an active member of different groups or organizations and/or I volunteer and help out in my school or community
- **Generous** I give more than is usual or necessary
- **Charitable** I show kindness when I talk about others, and do not judge or criticize
- **Committed** I feel dedicated and loyal to a cause, activity, or my work
- **Purposeful** I have a plan, aim or hope for something that I can or want to do that means something to me and that can have an impact on my community and my world

E.G. "Purposeful – I think I'm not the most purposeful person in the world because I don't do anything that would help me in life after school. I mainly just play the RS4 and watch TV."